

**Saint Paul Advisory Committee on Aging (ACOA)**  
**August 10, 2016**  
**Linwood Community and Recreation Center**

Meeting Minutes

Present: Carol Neumann, Joe Pendal, Marilyn Taylor, Edie Meissner, Kathy Kelso, Annette Hansen, Nancy Utoft, Joann Ellis, Karen Vento, Ana Vang – Staff Liaison

Absent: Betty Mische, Janet Golden, Harriet Mednick

Meeting Called to Order at 9:02 am

July Meeting Minutes

Chair Kathy Kelso asked for the minutes of the July ACOA meeting to be approved. Minutes were approved unanimously.

Diversity of ACOA

ACOA is significantly less racially diverse than Saint Paul, and does not represent all areas of Saint Paul. See below for summary statistics. Of note is that the committee is 100% Caucasian while the city is 55.9% Caucasian, and there is no representation from Ward 1 or Ward 5.

Citywide demographics, 2010

White	55.9%	
Nonwhite	44.1%	
Black/African American		15.3%
Asian/Pacific Islander		14.9%
Hispanic/Latino		9.6%
Mixed race		3.3%
Native American		.8%
People 55+ years and over	19.6%	
<i>(ACS 2010-2014 data)</i>		
Female	51.1%	
Male	48.9%	

Advisory Committee on Aging (12 members)

White	100%
Nonwhite	0%
People 55+ years and over	83%
Female	92%
Male	8%
Ward 1	0%
Ward 2	33%
Ward 3	33%
Ward 4	8%
Ward 5	0%
Ward 6	8%
Ward 7	8%
Non-StP	8%

## Recruitment Fair

There are currently three vacant positions on ACOA. To help recruit more diverse candidates for Saint Paul's boards and commissions, the Mayor's office is tabling at a ["Board Repair" recruiting event](#). Board Repair is a non-profit that focuses on increasing the number of people of color on boards and committees in the Twin Cities.

The event is taking place at Oxford Community Center, on August 17, from 5:30 -7:30 pm. A representative from ACOA is welcome to attend the event. Kathy Kelso and Joe Pandal are planning on attending. Ana Vang will send additional information to them about the event.

Joe Pandal is working with the MN Alliance with Youth to see if there is any interest from their participants in joining ACOA.

## Updates from Edie Meissner on Recruitment

Edie Meissner went to Rondo Days and made contact with Toni Carter and the Executive Director of Aurora Saint Anthony Neighborhood Development Corporation which is located in Ward 1. She will follow up with those contacts and to find some new members for ACOA.

## Work Group Reports

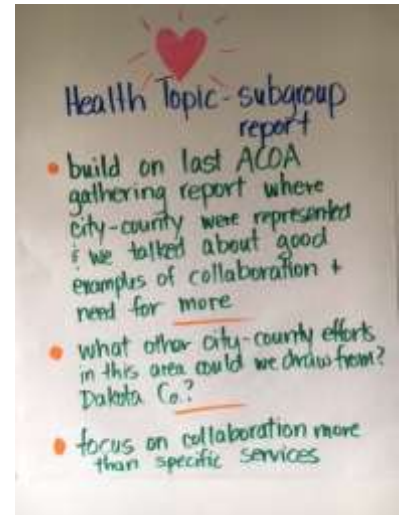
### Housing Group:

- The housing sub-group split up tasks. Below is a recap from each of their efforts:
  - Marilynn Taylor – Marilynn is working to pull together demographics data. She has been adding information she collects to drop box. She's also trying to find all the locations of current senior housing.
  - Annette Hansen – Annette is working on a best practices review of housing forms, options, articles, examples, etc.
  - Joe Pandal – Joe has been working on annotating the resources currently in the dropbox. The annotation will be compiled into a single document that can be handed over to city planners or others interested in aging.
- The housing sub-group meets once a month outside of the normal ACOA meetings.
- Karen Vento - Asking if there are specific standards for developers of assisted living housing. Example: new showers in the assisted living facility being built have many inch high steps to get into the shower and grab bars are not able to be installed. Residents can install new showers at their own cost.
  - Kathy Kelso gave her the names of several people to have follow up conversations with.
  - The City enforces the State Building Code. For a quick reference guide to state codes for care facilities, visit [http://www.dli.mn.gov/cclld/pdf/2007msbc\\_care\\_facilities.pdf](http://www.dli.mn.gov/cclld/pdf/2007msbc_care_facilities.pdf)
- The housing sub-group might want to take a look at the land use chapter of the comprehensive plan to see if there is anything in it that relates to senior or assisted living housing.

## Health Group:

- The focus of the health sub-group is not to identify all health services, but instead to focus on how the city and county are working together and where they could be working more together.
  - Dakota County has an [Aging Initiative report](#), but does not directly address the city/county relationship (most counties, not cities, oversee health/human services).
  - At the last ACOA annual gathering, we did hear about some city/county collaboration examples. The health sub-group will look for more examples to provide to the city.
  - The comprehensive plan does not include a chapter devoted to health, but health (as well as equity and sustainability) is a lens for the document.
  - So far, it seems health in regards to aging has focused on individual health, not community based health.
  - Ramsey County did not have a “Health” chapter in their [last comprehensive plan](#), however they do have a [“Community Health Improvement Plan.”](#)
- The [Health and Places Initiative](#) through Harvard University devotes a portion of the research section of their website to “Health, Housing, Services, and Aging.” This could be a great resource when they start to add more research findings.
- The committee wonders if there is a way to create financial incentives to doing senior housing or intergenerational housing well.
  - There were suggestions to look at other movements who have been successful at creating incentives and/or mandating standards. Some examples include:
    - [Parent Aware](#) rating system for Minnesota childcare and early education facilities.
    - [Americans with Disabilities Act](#)
    - [Institute for Market Transportation](#) (IMT) is a nonprofit organization promoting energy efficiency, green building, and environmental protection in the United States and abroad. IMT aims to strengthen market recognition of the link between buildings’ energy efficiency and their financial value.
- ACOA has, in the past, discussed the need for there to be a central person or agency to oversee and coordinate aging efforts or plans. They reiterated that statement at this meeting.
- Kathy Kelso read the following excerpt from the [American Planning Association’s Aging in Community Policy Guide which could serve as a guide for one of our recommendations](#):

“Older adults represent untapped, vital human resources for communities, contributing their talents and experience to social, cultural, economic, and civic life. Care-related services are an economic investment, not just expenditures. These services provide the

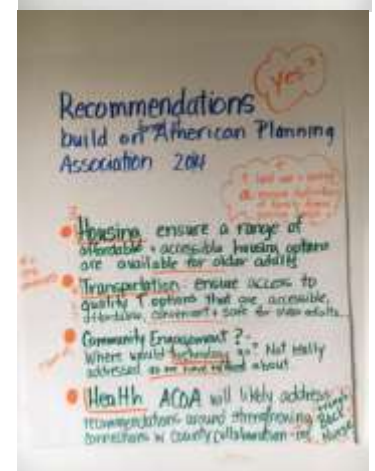
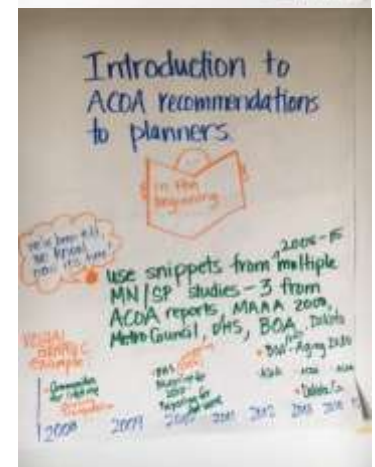
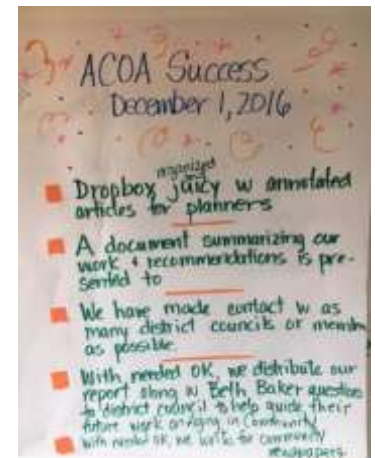


foundation for economic development and also provide critical support to family caregivers. Services such as transportation and home-delivered meals can help ensure full functionality of older adults. Services for older adults can be linked to services for children and caregivers thereby increasing access and quality of life for all. Such shared services also help build political will for community financing.”

- The question of connecting youth to aging populations arose. Specifically, is there a way to connect youth to seniors living in the community?
- Annette Hansen and Joe Pendal will work on developing an “Aging in Community” rubric that city planners can use to evaluate in aging has been used as a lens for a particular chapter of the comprehensive plan.

### Executive Committee Report

- The executive committee met to try and set a broader picture of where ACOA is going and what they’d like to accomplish.
- For the comprehensive plan:
  - ACOA will provide a report to the city’s planners to help inform the comprehensive plan regarding aging.
  - ACOA’s report needs to be clear and concise. There will likely be an executive summary as well as a full report.
  - Included in the executive summary will be 1-3 specific proposals ACOA has for each focus area as well as 3 overarching recommendations/priorities.
  - Included in the full report will be an introduction to the topic of aging, as well as a short timeline of various efforts to address the increase of the aging population.
  - Included in the full report will be an annotated bibliography.
  - The executive summary and full report will pull heavily from the [American Planning Association’s Aging in Community Policy Guide](#).
  - Ana Vang suggests that – where possible – ACOA should make connections between ACOA’s proposals/recommendations and racial equity, job creation, and sustainability.
- Kathy Kelso is hoping to meet with all of the executive directors of district councils at their September meeting. Joe Pendal will work on putting together a short email to them as well as formulating questions for Kathy to ask. Joe is also working on creating a pamphlet that can be left behind if any of the executive directors are interested in learning more about aging in community.
- ACOA will also share the executive summary, report, and rubric created for city planners with the district councils. In addition, ACOA may create a document specifically for district councils.



- The executive committee is also working on a media policy for the committee that outlines who can talk to media about what (examples: The chair is the official spokesman for the committee. ACOA cannot speak on behalf of the city.).

#### Next Steps

- All ACOA members read the [American Planning Association's Aging in Community Policy Guide](#).
- Sub-groups meet once before next meeting.
- Attend Board Repair Recruitment Fair.
- Edie follows up with her recruiting contacts.
- Populate dropbox with any additional resources (or email them to Ana Vang).

#### Event Notice

Dr. Bill Thomas will be in Minneapolis on September 19 for his [Age of Disruption tour](#).

#### Meeting Adjourned at 11:03 am

The next ACOA meeting will take place September 14, from 9-11 am, at the Linwood Community and Recreation Center.